



**Media Contact: Brian Jewell**  
30 Days to Financial Freedom  
brian@30dayfreedom.com  
859-396-4753

**FOR IMMEDIATE RELEASE**

## **New Online Program Teaches Members to Overcome Financial Stress in 10 Minutes a Day**

*30 Days to Financial Freedom uses faith-based principles and simple budget tools to help users stop worrying about money and build a prosperous future.*

LEXINGTON, Ky. (September 8, 2020) — 30 Days to Financial Freedom, a new faith-based personal finance program, has launched to help people stop worrying and take control of their money. Created by Brian Jewell, Christian financial expert and founder of the popular website God, Money & Me, this monthlong online course teaches people to budget, pay off debt and save money in just 10 minutes a day.

“Worrying about money makes life miserable,” Jewell said. “Many people live in constant fear of overdrawing their bank accounts and are unable to confront a growing mountain of debt. This leaves them unprotected from emergencies and unable to meet life’s most important goals.”

30 Days to Financial Freedom helps users solve these problems with easy-to-understand daily devotionals, practical money management lessons and the powerful Budget Genius tool. Each day, members watch three short videos and answer one simple question in the Budget Genius. The program uses these answers to create a personalized, straightforward plan for saving money, getting out of debt and meeting long-term financial goals.

“Imagine a future where you have no debt, no financial stress and nothing holding you back from a life of blessing and generosity,” Jewell said.

30 Days to Financial Freedom helps people take control of their money and eliminate financial stress. Jewell added, “The question everyone should be asking is ‘What would my life be like if I wasn’t always worried about money?’”

To learn more about 30 Days to Financial Freedom and view sample lessons, go to **[www.30dayfreedom.com](http://www.30dayfreedom.com)**.

**About 30 Days to Financial Freedom:** *Worrying about money makes life miserable. 30 Days to Financial Freedom teaches people to take control of their money so they can eliminate financial stress and build a prosperous future.*

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